

KID NATION

LESSONS



Objective

LEARNING
TO TRY
EVEN IF YOU
MIGHT FAIL

Intro

Have you
ever been
scared
to try
something?

Video

TRY

Activity

Students
fill out
attached
worksheet
individually

Discussion

Regroup and
discuss the first
four questions
together. Then
have students
explore the final
question in pairs.

Takeaway

IT'S OKAY
TO TRY
SOMETHING
THAT MIGHT
NOT WORK OUT.



Try

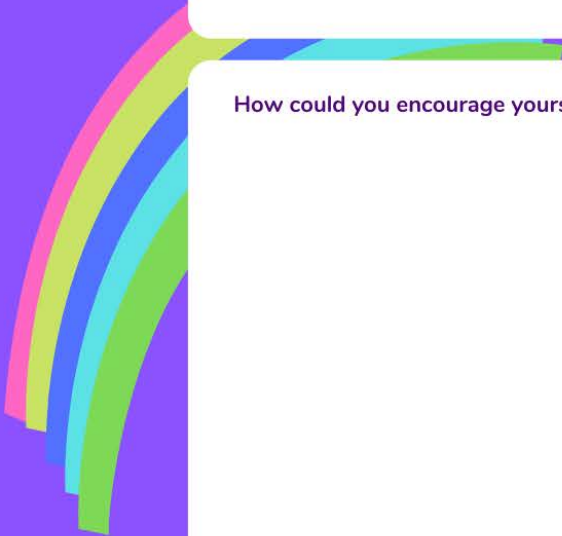


How can you build confidence to try new things?

Have you ever been afraid to do something?

Do you try to do it anyway? Why or why not?

How could you encourage yourself to give something scary a try?



TRY



DISCUSSION QUESTIONS

QUESTION 1

What should you do when there's something hard in front of you, even if you might lose?

QUESTION 2

What does it mean to be brave? Does being brave mean that you are not allowed to be scared?

QUESTION 3

What can you tell yourself if things get scary? What can you do?

QUESTION 4

How might you help a friend who's feeling nervous?

LET'S DISCUSS!

Turn to a classmate or ask a friend. Has there ever been something you were afraid to do? Did you end up doing it anyway? What happened as a result?